



MURDOCH BOOKS

# Summertime

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## SUMMER'S HERE! – LET THE SUN SHINE IN

When the weather's this good who wants to spend too much time in the kitchen? Fortunately there's not a whole lot of time needed to create some terrific summer snacks and dishes – the seasonal ingredients are the stars! Chill out in the heat of summer with some seriously cooling drinks, sorbets and other icy treats, crisp salads for picnics and delectable nibbles.

**Summertime** is divided into four sections:

- Snacks** – for on-the-run or cocktail evenings
- Salads** – crisp and refreshing for picnics and lunchboxes
- Sweet Treats** – light and luscious simple sweeteners
- Drinks** – revitalising juices, frappés and refreshers

**Summertime** starts off with a bang with suggestions for lazy picnics and baskets brimming with tasty bites – try the delightful Cherry Tomato and Bocconcini Tartlets or the zesty Scallop Ceviche.

Then you can move on to salads, from light and leafy to wholesome and hearty, and more substantial and interesting meals featuring meat or seafood, rice or noodles. There are great suggestions for side dishes and hot and cold options for main meals. For something different try the Grilled Tofu with Broccoli and Sesame Dressing or the Roast Duck Salad with Chilli Dressing.

This is followed by an amazing range of frozen fare for desserts and treats to cool you down during the day. Make your own summer delights, from tangy sorbets and gelatos to creamy parfaits and every ice-cream favourite in between. Try the Basil Gelato!

Finally, top it all off with fresh juices, smoothies, lassis, freezies, frappés, iced teas and homemade lemonades. There are a wonderful variety of options, with fresh flavours, perfect for summer mornings and hot days. Seek out these invigorating recipes full of fresh fruit to start the day – try the Mango Summer Haze or the Banana Kiwi Lemon Frappé.

**\*\*Cover images are available from our website at [www.murdochbooks.com.au](http://www.murdochbooks.com.au)\*\***

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