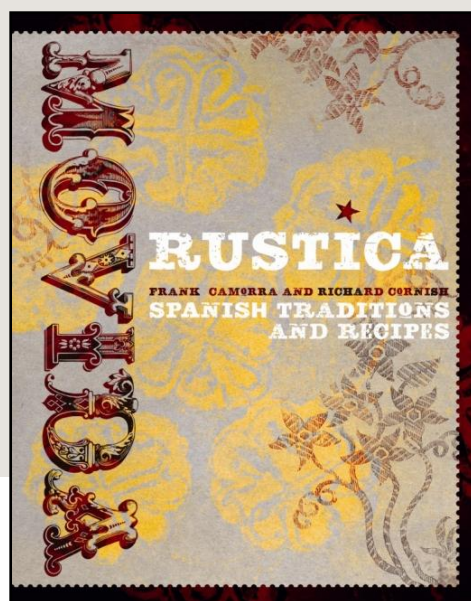


MoVida Rustica

Spanish Traditions and Recipes

Frank Camorra & Richard Cornish

AUTHOR	Frank Camorra & Richard Cornish
ISBN	9781741964691
BINDING	Hardback plc
EXTENT	368 pages
DIMENSIONS	255 x 200mm
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PHOTOGRAPHS	280
RECIPES	116
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DESCRIPTION

Following the multi-award winning title *MoVida*, chef and restaurateur Frank Camorra returns to his native Spain in this companion book. In it Frank delivers many traditional as well as innovative recipes that are inspired by his travels but perfected for the home cook. Their origins lie in the authentic cuisine of the Spanish cities, towns and countryside. From the nation's bustling capital Madrid and Basque seaside towns to rustic Andalusia with its Sherry Triangle, *MoVida Rustica* highlights the pillars of Spanish cooking, and the culture in which the food is grown, prepared and eaten. Some of the core ingredients like smoked paprika, known as pimenton, chorizo and the omnipresent jamon Serrano and Iberico are covered with their mouth watering recipes, lore and manufacturers. Get to know matriarch Herminda, stroll across the Santiago Market and visit the kitchen gardens of Salamanca to understand what defines traditional Spanish food.

KEY SELLING POINTS

- Beautifully presented and featuring captivating food and travel photography, *MoVida Rustica* highlights the pillars of rustic Spanish cooking, its culture and the way the food is prepared and eaten.
- *MoVida*, the first book by chef and restaurateur Frank Camorra, was winner of the Australian Food Media Award 'Best Cookery Book by a Chef or Restaurant' in 2008.
- *MoVida* won Best Designed Book of the year at the Australian Publishers Association's book design awards in 2008.

AUTHOR PROFILE

Frank Camorra was born in Barcelona and spent his first five years in Andalusia, before his parents migrated to Australia. In 2000, Frank travelled throughout Spain and was inspired by both the modern and traditional aspects of Spanish cuisine. At his restaurant, MoVida, Frank was determined to share his discoveries and bring the tastes of his homeland to his adopted country. Richard Cornish is a television producer, food writer and sausage expert. He writes about the connection between the land, producer, chef and consumer and its significance to food diversity and taste.



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