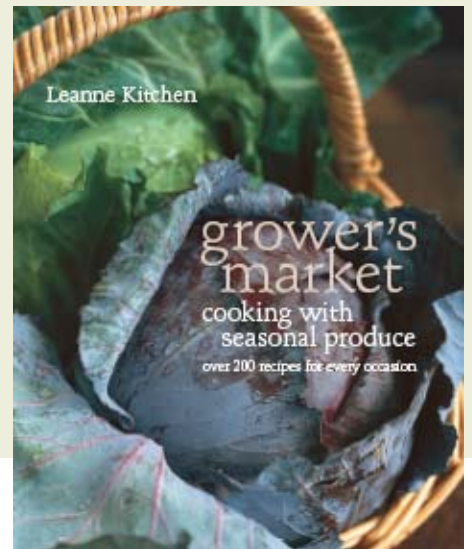


Grower's Market: Cooking with Seasonal Produce

Leanne Kitchen

Title	Grower's Market
Author	Leanne Kitchen
ISBN	1740458168
Imprint	Murdoch Books
Binding	Paperback with flaps
Extent	448 pages
Dimensions	230 x 190mm
Word count	115,000
Photographs	160
Recipes	225
RRP	\$45.00
Release Date	September 2006



Description

Grower's Market is a colourful celebration of fruit, vegetables, herbs and nuts and the revival of interest in locally grown and hand-picked fresh seasonal produce. More than a cookbook, *Grower's Market* is bursting with practical information on how to select and prepare fresh produce and offers useful advice on storage, basic cooking techniques, nutritional information and companion foods.

Packed with interesting anecdotes, this book covers the global varieties and availability of seasonal produce and gives recipe ideas on how to use each item, whether you buy a box or a handful. If you want to know what type of potato is best for roasting or mashing, what to do with a bunch of cherries, or the best way to eat an artichoke, then look no further. From zesty citrus and summer stone fruits to earthy roots and tubers, *Grower's Market* is a comprehensive resource for every kitchen, with recipe ideas that will appeal to food lovers everywhere.

Sales Points

- Informative and with an evocative writing style that is both comprehensive and user-friendly
- Includes historical anecdotes about fruit, nuts, herbs and vegetables
- Outlines basic cooking techniques and methods for preserving and bottling and making sauces
- Beautiful photography
- Limited offer of a free *Grower's Market* cloth bag with first printing

Author profile

Author and food editor Leanne Kitchen trained as a professional chef, with a highly successful cooking career spanning some 14 years. For the past ten years, she has worked in food and travel publishing. Leanne has extensive experience as a food stylist, recipe writer and cookbook editor, and as a travel and lifestyle feature writer.



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