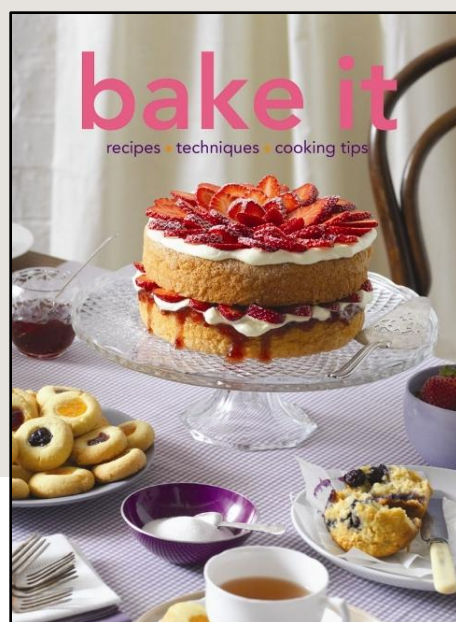


ISBN	9781741966404
BINDING	Paperback with flaps
EXTENT	400 pages
DIMENSIONS	190 x 140mm
WORD COUNT	50,000
PHOTOGRAPHS	230
RECIPES	140
RRP	£8.99
RELEASE DATE	1 st March 2010
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DESCRIPTION

This new release of a techniques-based series packed with attractive, easy recipes for the home cook features colourful, contemporary covers. Step-by-step photography and detailed information on cooking techniques, utensils and ingredients make this series a kitchen library must-have.

KEY SELLING POINTS

- Easy-to-achieve recipes for the busy home cook.
- Techniques such as stir-frying, steaming and grilling clearly explained in words and pictures.
- Information on key ingredients and how to use them.

Other titles in the series, all March 2009:

Grill It 9781741966435; *Spice It* 9781741966428; *Wok It* 9781741966411

